

# Key Information Summary

## WHAT IS IT?

- Computer-based sharing of parts of your medical record between your GP surgery and:
  - Out of Hours services
  - Ambulance Service
  - NHS24 (#111)
  - A&E/hospitals
- **Your GP can create an KIS with your consent or the consent of your main carer if you are unable to consent**

## WHAT IS INCLUDED?

- Summary of your main health problems
- Medications & allergies
- Living situation and how you manage normally
- Key Professionals involved in your care
- Next of Kin details – who you would like to be contacted in an emergency
- Power of Attorney details
- **Your wishes for your care if you became unwell**
- **Resuscitation wishes**

## WHO CAN BENEFIT?

- **Anyone who has:**
  - Long term condition or complex health needs
  - Multiple medications
- **Anyone likely to need:**
  - Care / medical attention at the weekends or out of hours
- **Anyone who may find it difficult to give details in an emergency due to :**
  - Memory problems
  - Mental health problems
  - Communication problems
  - Learning difficulties/disabilities

## WHY IS IT IMPORTANT?

- Making sure **your wishes** are taken into account in planning your treatment and care
- **Reducing the risk** of care being given to you that you do not wish
- Improving **patient safety**
- **Quick transfer** of important information between health professionals
- Enables **easy access** to details for emergency contacts if you become unwell

To find out more or update your KIS,  
please ask your GP at your next appointment.